Elizabeth Lee Black Breakfast Menu

July-August 2025



	1.	2.	3.	4. THE NUTRITION GROUP
	Breakfast	Breakfast	Breakfast	
	Benefit Bar	Egg and Cheese Sandwich	Cinnamon Rolls	NO SCHOOL
	Fresh Orange	Fresh Apple	Banana	
	Assorted Juice	Assorted Juice	Assorted Juice	
	Milk	Milk	Milk	
<u>7.</u>	8.	9.	10.	<u>11.</u>
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Cereal w/ Crackers	Mini Chocolate Chip French Toast	Egg and Cheese Sandwich	Assorted Muffin Flats	Benefit Bars
Fresh Apple	Fresh Orange	Fresh Apple	Fresh Banana	Applesauce Cup
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Milk	Milk	Milk	Milk	Milk
<u>14.</u>	<u>15.</u>	<u>16.</u>	17.	18.
Breakfast	<u>Breakfast</u>	<u>Breakfast</u>	Breakfast	Breakfast
Assorted Cereal w/ Crackers	Assorted Zee Zee Bars	Egg and Cheese Sandwich	Goody Ring	Benefit Bars
Fresh Apple	Fresh Orange	Fresh Apple	Fresh Banana	Applesauce Cup
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Milk	Milk	Milk	Milk	Milk
21.	22.	23.	24.	25.
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Cereal w/ Crackers	Assorted Zee Zee Bars	Egg and Cheese Sandwich	Assorted Cereal w/ Crackers	Goody Ring
Fresh Apple	Fresh Orange	Fresh Apple	Fresh Banana	Applesauce Cup
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Milk	Milk	Milk	Milk	Milk
<u>28.</u>	29.	30.	31,	1.
Breakfast	Breakfast	Breakfast	<u>Breakfast</u>	Breakfast
Assorted Cereal w/ Crackers	Cinnamon Rolls	Egg and Cheese Sandwich	Mini Chocolate Chip French Toast	Assorted Muffin Flats
Fresh Apple	Fresh Orange	Fresh Apple	Fresh Banana	Applesauce Cup
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Milk	Milk	Milk	Milk	Milk

In order to qualify for a reimbursable Breakfast this meal must include the following components: Meat/Meat Alternate, Fruit, Grains, Milk.

Breakfast Milk Choices Daily:

Fat Free Chocolate or 1% White

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